



ISAH 2026

Main Conference

Celebrating Diversity in Aesthetics,
Anti-Aging and Hair Restoration Medicine

19th-20th
September 2026

Golden Tulip Sovereign Hotel,
Bangkok

ISAAH 2026 Main Congress

Congress Agenda 2026

ROOM A

Aesthetic Dermatology
(Chaturathit Room)

Day 1
19th September 2026

Time	Topic / Activity	Speaker / Presenter
08.00-09.00 - Registration		
(09.00-11.00) Theme: Energy Meets Regeneration <i>Chair: Atinuch Doungkaew, MD, MSc, AAAM, ABAARM (Thailand) Co-Chair: Prof. Sky Wong (Hong Kong)</i>		
09.00-09.20	Managing the GLP-1 Facial Phenotype: A Layered Regenerative Approach to Volume and Laxity Restoration	Atinuch Doungkaew, MD, MSc, AAAM, ABAARM (Thailand)
09.20-09.40	Next-Generation Cocktail Injection: Synergistic Integration of Recombinant or Extracted Collagen III, HAAA Complex and PDRN for Comprehensive Skin Rejuvenation	Prof. Sky Wong (Hong Kong)
09.40-10.00	The Emerging Role of the 1,726 nm Sebum-Selective Laser: Precision Modulation of the Sebaceous Unit in Aesthetic Dermatology	Assoc.Prof.Anon Paichitrojjana MD. (Thailand)
10.00-10.20	The Original Soprano Titanium: Triple Wavelengths, Triple Effects	Thanapat Thanasomboon, MD (Thailand)
10.20-10.40	Opening Ceremony Faculty Group Photo Session (All speakers)	Punpermsak Aruni Deputy Permanent Secretary Ministry of Higher Education, Science, Research and Innovation, Thailand.
10.40-11.00 - Coffee Break		
(11.00-12.00) Theme: Multilevel Drivers of Aging and Rejuvenation <i>Chair: Thada Piamphongsant, MD. FAAD (Thailand) Co-Chair: Prof. Nawhath Thanwiset Thanvisitthpon PhD. (Thailand)</i>		
11.00-11.20	How Urban Environments Accelerate or Slow Biological Aging: Environmental Determinants of Longevity in Modern Cities	Prof. Nawhath Thanwiset Thanvisitthpon PhD. (Thailand)
11.20-11.40	Diet for seniors to improve mitochondrial dysfunction	Thada Piamphongsant, MD, FAAD (Thailand)
11.40-12.00	HIFU + Monopolar RF: Additive or Interactive? From Thermal Biology to Clinical Evidence	Worapat Limsuthiwanpoom, M.D., M.Sc. (Thailand)
12.00-13.00 - Lunch Symposium: KN MEDICAL SERVICE CO., LTD. Topic: The Evolution of Botulinum Toxin Type A (BoNT-A) Speaker: Varis Pisitanorasiha, MD. (Thailand)		
(13.00-14.30) Theme: Tissue Remodeling in Aesthetic Medicine: Energy, Regeneration, and Skin Quality <i>Chair: Sarah De Los Reyes- Bosselaar, MD, MPH (Philippines) Co-Chair: Contessa Salvador Alapag, MD (Philippines)</i>		
13.00-13.15	Polynucleotide-mediated adipose browning for facial contour remodeling	Chontavat Suvanpiyasiri, MD, PhD (Thailand)
13.15-13.30	Skin Quality Matters: From Objective Measurement to Individual Application	Alena Roessle, MD, PhD (Germany)
13.30-13.45	Beyond Single-Wavelength Therapy: The 4D Combined Laser Approach	Passaratep Anurukpaiboon MD., DSc. (Thailand)
13.45-14.00	GLP Associated facial deflation syndrome : collagen re-expansion therapy	Contessa Salvador Alapag, MD (Philippines)
14.00-14.15	Regenerative Aesthetic Strategies for Post-Menopausal Skin: Integrating PLLA-SCA, HA Skin Boosters...	May Lam Mei, MD, MSc (Hong Kong)
14.15-14.30	The Salmon DNA Revolution: Clinical Strategies for Extinguishing Active Acne and Filling Atrophic Scars	Sarah De Los Reyes- Bosselaar, MD, MPH (Philippines)
14.30-15.00 - Coffee Break & Booth Visit		
(15.00-16.00) Theme: Esthetic Insights: Evidence, Experience, and Everyday Practice <i>Chair: Grace M. Lopez, MD, MBA (Philippines) Co-Chair: Irwan Junawanto, MD (Indonesia)</i>		
15.00-15.15	3-Step Jawline Transformation with RF synergy	Vanravi Vachatimanont, MD (Thailand)
15.15-15.30	Skin Longevity Reimagined: Nurturing Resilient Skin in the Era of Regenerative and Energy-Based Dermatology	Irwan Junawanto, MD (Indonesia)
15.30-15.45	PCL or PLLA? Crack the Code to Smarter Biostimulator Choices	Panod Chinpipat MD. (Thailand)
15.45-16.00	Integrated Solution: Optimizing Acne Scar Improvement with Chemical Peel and Microneedling	Grace M. Lopez, MD, MBA (Philippines)

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ROOM A

Aesthetic Dermatology
(Chaturathit Room)

Day 2
20th September 2026

Time	Topic / Activity	Speaker / Presenter
08.00-09.00 - Registration		
(09.00-10.20) Theme: What's New & What's Next in Aesthetic Medicine? <i>Chair: Tanonnatt Kannoppharith, MD. (Thailand) Co-Chair: Min Jae Park, MD. PhD (South Korea)</i>		
09.00-09.15	Argon Plasma Technology in Modern Plastic Surgery	Tanomkit Pawcsuntorn, MD. (Thailand)
09.15-09.35	ECM INDUCTION SUBSTANCES: PN, Atelocollagen, Rh alpha1 chain, Hybrid HA & Injectable amino acid	Tanonnatt Kannoppharith, MD. (Thailand)
09.35-09.50	rh-Col III: The Emerging Role of Recombinant Collagen in Aesthetic Medicine	Atinuch Doungkaew, MD, MSc, AAAM, ABAARM (Thailand)
09.50-10.05	Layered Biostimulation: What's New and What's Next in Regenerative Aesthetic Medicine	Min Jae Park, MD. PhD (South Korea)
10.05-10.20	Bio remodeling for prevention aging process	Jarupat Watsirithum MD. (Thailand)
10.20-10.40 - Coffee Break & Booth Visit		
(10.40-12.00) Theme: Pearls from the Experts: Practical Insights in Aesthetic Medicine <i>Chair: Contessa Salvador Alapag, MD (Philippines) Co-Chair: Susan Cheong, MD, PhD (Macao)</i>		
10.40-10.55	Expanding the Options in Periorbital Rejuvenation Through the Periorbital Ecosystem	Chaloemchai Sriakkrapong, MD (Thailand)
10.55-11.10	Diffusion Characteristics of Different Botulinum Toxins: Clinical Implications for Aesthetic Treatments	Maxine Bennek, MD (Germany)
11.10-11.25	Under eye festoon nonsurgical management	Contessa Salvador Alapag, MD (Philippines)
11.25-11.40	Volformer: Comprehensive Lifting from Skin to SMAS	Kran Sophonapatima, MD (Thailand)
11.40-12.00	Reshaping the Adipose Microenvironment: ECM Remodeling and Regenerative Strategies for Aging	Susan Cheong, MD, PhD (Macao)
12.00-13.00 - Lunch Symposium: KAO INDUSTRIAL (THAILAND) CO., LTD. Clinical Experience of Intensive Moisture Cream in Thai Subjects Speaker: Supenya Varothai, MD (Thailand)		
(13.00-14.50) Theme: Rethinking Non-Surgical Lifting: Threads, Injectables, and Energy-Based Devices <i>Chair: K.C. Chang, MD (Taiwan) Co-Chair: Daniel Chang, MD (Singapore)</i>		
13.00-13.20	Triple Lift Technique for Facial Lifting	Daniel Chang, MD (Singapore)
13.20-13.35	Algorithm-Guided Profiloplasty in Asian Patients Integrating Injectables with Minimally Invasive Modalities	Terry Yen Shih Chun, MD (China)
13.35-13.50	From Disease-Oriented Imaging to Precision Aesthetic Ultrasound: Tool, Trend, or New Standard of Care?	Atita Inwong, MD (Thailand)
13.50-14.05	Layered Lifting: A Multi-Layer Approach to Facial Rejuvenation	Borwornthep Phuchongcharoen, MD. (Thailand)
14.05-14.20	Supra-SMAS threading and Sub-SMAS threading	K.C. Chang, MD (Taiwan)
14.20-14.35	Injectable PCL plus CMC: Beyond Skin Quality Toward Structural Lifting	Rassapoom Sumaetheiwit, MD (Thailand)
14.35-14.50	Anatomy of aging, the concept of Facelift and age reversal: From needles to energy- based devices to surgery.	Muhammad Salman, MD (Pakistan)
14.50-15.10 - Coffee Break & Booth Visit		
(15.10-16.00) Theme: Hack The Perioral Code: Structure, Motion, and Skin Quality <i>Chair: Benchaphon Benchaphatcharasak, MD (Thailand) Co-Chair: Heng-Ju Lin, MD (Taiwan)</i>		
15.10-15.30	Refining eastern perioral beauty: PKU team-based techniques and clinical insight	Heng-Ju Lin, MD (Taiwan)
15.30-15.45	From overfilled to optimized: the science and art of lip filler correction	Benchaphon Benchaphatcharasak, MD (Thailand)
15.45-16.00	The Aging Lip: Challenges and Filler Strategies for Natural Rejuvenation	Thi Van Anh Tran, MD, MSc (Vietnam)

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Congress Agenda 2026

ROOM B

Hair Restoration
(Bhu-Nga Room)

Day 1
19th September 2026

Time	Topic / Activity	Speaker / Presenter
12.00–13.00 • Lunch Symposium: QUANTUM MED CO., LTD. Topic: Nitrous Oxide Sedation in Modern Aesthetic Practice Speaker: Prattana Dujtipiya, MD		
(13.00–16.00) Theme: Clinical Updates in Hair Restoration Medicine Chair: Asst.Prof.Chuchai Tanglertsampan MD. (Thailand) Co-Chair: Asst.Prof.Dr. Sirintip Chaichalotornkul MD., Ph.D. (Thailand)		
13.00–13.15	The Many Faces of Female Androgenetic Alopecia: Practical Approaches to Treatment	Asst.Prof.Chuchai Tanglertsampan MD. (Thailand)
13.15–13.30	Diagnostic Determinants of Androgenetic Alopecia and Emerging Pharmacogenetic Pathways	Sai Nyan Linn Win, MD, MSc (Myanmar)
13.30–13.45	Greying Hair Prevention and Treatment	Asst.Prof.Dr. Sirintip Chaichalotornkul MD., Ph.D. (Thailand)
13.45–14.00	Alopecia Following Temple Filler: Prevention, Early Diagnosis with Ultrasound, and Management	Anita Ang, dr., Dipl.AAAM (Indonesia)
14.00–14.15	A Step-by-Step Workflow for Hair Restoration Physicians to Create AI-Assisted Educational Videos Without Technical Expertise	Prakash Acharya, MD (Nepal)
14.15–14.30	Multimodal Hair Restoration: Clinical Experience Combining Topical Minoxidil, PRP, and Exosome-Based Peptide Therapy in Early Hair Loss Management	Jesiandra Isabel Margaretha Wagiu, MD (Indonesia)
14.30–15.00 • Coffee Break & Booth Visit		
(15.00–16.00) Theme: Advanced Hair Regeneration: Multimodal and Cell-Based Therapies Chair: Dr. May Lam, Mei (Hong Kong) Co-Chair: Dr. Ma. Rowena "Owen" Aguilar-Joven (Philippines)		
15.00–15.15	Advances in Hair Loss Management: Peptides and Biostimulation	Garima Shrestha, MD (Nepal)
15.15–15.30	Energy-Assisted Regeneration in Androgenetic Alopecia: Integrating Fractional Thulium Laser with Topical Exosomes for Follicular Remodeling	May Lam Mei, MD, MSc (Hong Kong)
15.30–15.45	Beyond Transplants: How Hair Follicle Stem Cell Multiplication is Redefining Hair Restoration	Ma. Rowena "Owen" Aguilar-Joven, MD (Philippines)
15.45–16.00	Autologous Micrografts: Redefining Hair Regeneration	Phyo Zaw Aung, MD, MSc (Myanmar)

ISAAH 2026 Main Congress

Congress Agenda 2026

ROOM B

Hair Restoration
(Bhu-Nga Room)

Day 2
20th September 2026

Time	Topic / Activity	Speaker / Presenter
08.00–09.00 • Registration		
(09.00-10.20) Theme: Hair Transplant Surgery: From Anatomy to Practice Optimization <i>Chair: Ali Atif, MDS (India) Co-Chair: Teerasak Pattayadekul, MD., PhD. (Thailand)</i>		
09.00-09.20	Hairline Design and Graft Survival: An Anatomical and Histological Perspective	Ali Atif, MDS (India)
09.20-09.40	Beauty Without Pain – A Simple, Applicable and Safe Sensoric Nerve Block Technique for Hair Restoration Without Pain	dr. Reno Yonora, SE, SpAn-TI, FIP (Indonesia)
09.40-10.00	Practical Strategies for Lowering Transection Rates in Shaven FUE Harvesting	Ornwara Visavakul, M.D. (Thailand)
10.00-10.20	Building a High-Value Hair Restoration Practice: Integrating Transplant Surgery, Regenerative Medicine, and Advanced Patient Journey Design	Teerasak Pattayadekul, MD., PhD. (Thailand)
10.20-10.40	Beyond a Single Treatment: Synergistic PLLA-Based Combination Strategies for Hair Regeneration	Chunxiao Liu, MD (China)
10.40-11.00 - Coffee Break & Booth Visit		
(11.00-12.00) Theme: Maximizing Results in Hair Transplantation: From Technique to Revision <i>Chair: Muhammad Salman, MD (Pakistan) Co-Chair: Okkar Kyaw Khant, MD, MSc, MBA (Myanmar)</i>		
11.00-11.20	Practical timing techniques to enhance hair survival rate during transplantation	Okkar Kyaw Khant, MD, MSc, MBA (Myanmar)
11.20-11.40	Hair transplant recent advances, mega Sessions & Giga sessions	Muhammad Salman, MD (Pakistan)
11.40-12.00	Failed Hair Transplant: Causes, Consequences, and Corrections	Isha Poudel Koirala, MD (Nepal)
12.00-13.00 - Lunch Symposium: TBA Speaker: TBA		
(13.00–14.10) ISAAH–MSAAH–PSAAH Joint Panel Discussion: Cracking the Hair Loss Code (AGA, AA, TE): Expert Perspectives on Diagnosis, Treatment, and Restoration <i>Moderator: Dr. Muhammad Salman, MD (Pakistan, ISAAH)</i>		
13.00–13.10	Getting the Diagnosis Right: Clinical Assessment, Trichoscopy, and Differential Diagnosis	Dr. Phyo Zaw Aung (ISAAH)
13.10–13.30	The Treatment Playbook: First-Line Therapies, Combination Approaches, and Patient Selection	Dr. Sai Nyan Linn Win (MSAAH) / Dr. May Phyu Thaw (MSAAH)
13.30–13.50	What's New and What's Next? Beyond Conventional Treatments (PRP, Exosomes, Growth Factors, Biologics, Emerging Therapies)	Dr. Ryan Encabo (PSAAH) / Dr. Bennet Joyce Gloridini (PSAAH)
13.50–14.00	Hair Transplantation: When, Who, and How?	Dr. Okkar Kyaw Khant (ISAAH)
14.00–14.10	Interactive Q&A and Expert Panel Discussion (Each speaker delivers an 8-min presentation + 2-min discussion)	All Panelists
14.10–14.30 • PSAAH Oath Taking Ceremony		
14.30–15.00 • Coffee Break & Booth Visit		
15.00–16.00 • MOU Signing Ceremonies		

ISAAH 2026 Main Congress

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ROOM C
Anti-Aging & Regenerative Medicine
(Pharichart Room)

Day 1
19th Sep 2026
(Afternoon only)

Day 2
20th Sep 2026
(Full Day)

Time	Topic / Activity	Speaker / Presenter
📅 DAY 1 · September 19, 2026 (Afternoon Session: 13.00–16.00)		
12.10-12.50 • Lunch Symposium: Letit Beauty Co., Ltd. Topic: Liquid PCL for Face and Body Lifting & Contouring Speaker: Tanonnat Kanopparith, MD. (Thailand) Topic: The Calm Layer: Non-Inflammatory PN Beneath the Barrier Speaker: Young Jin Park, MD. (Republic of Korea) Topic: PDO Thread: the material science meets lift vector Speaker: Rassapoom Sumaetheiwit, MD. (Thailand)		
(13.00-16.00) Theme: Optimizing Human Performance & Aging: A Multidisciplinary Clinical Approach <i>Chair: Asst.Prof.Dr.Sumate Kunching, Ph.D, CSCS. (Thailand) Co-Chair: Chunchuree Kongmeesuk Kaneko, MD. (Thailand)</i>		
13.00-13.30	Exercise Prescription for Longevity: Evidence-Based Strategies	Asst.Prof.Dr.Sumate Kunching, Ph.D, CSCS. (Thailand)
13.30-14.00	Ferritin: Beyond Iron - A Clinical Window into Silent Inflammation and Hidden Pathology	Chunchuree Kongmeesuk Kaneko, MD. (Thailand)
14.00-14.30	Antioxidant effect of Hydrogen water	Vachrintr Sirisapsombat MD., Ph.D. (Thailand)
14.30-15.00 - Coffee Break & Booth Visit		
15.00-15.30	Pharmabiotics & Live Biotherapeutic Products (LBPs): The Future of Prescription Nutrition	Ekasit Lalitsuradej, MSc., Ph.D. (Thailand)
15.30-16.00	Holistic Anti-Aging: Integrating Alternative Medicine into Aesthetic Practice	Miss Lalita Noraphetch (Thailand)
📅 DAY 2 · September 20, 2026 (Full Day: 08.00–16.00)		
08.00-09.00 - Registration		
(09.00-12.00) Theme: Building Health Span: Nutrition, Botanicals & Early Risk Detection in Modern Medicine <i>Chair: Ariya Sarikaphuti PhD., (Thailand), Co-Chair: Vitoon Jularattanakorn MD., PhD.</i>		
09.00-09.30	Oral supplementation in Aesthetic Dermatology	Ariya Sarikaphuti PhD. (Thailand)
09.30-10.00	Blood pressure lowering effect of common Thai plants	Vitoon Jularattanakorn MD., PhD. (Thailand)
10.00-10.30	Early Diagnosis and Monitoring for Sustainable Health	Air Marshal Panjachat Ratanamongkol, M.D. (Thailand)
10.30-11.00 - Coffee Break & Booth Visit		
11.00-11.30	7 stages of health transformation	Somboon Roongphornchai, MD. (Thailand)
11.30-12.00	Bioactive Nutrition for Longevity	Karn Matangkha, M.D., Ph.D. (Thailand)
(13.00-16.00) Theme: Neuro-Aging and Holistic Longevity: Bridging Mind, Medicine & Aesthetics <i>Chair: Asst.Prof.Dr. Sunisa Thaichinda, M.D., Ph.D. (Thailand) Co-Chair: Assoc. Prof. Oriana Tio Parahita Nainggolan, M. Sn. (Indonesia)</i>		
13.00-13.30	Lifelong Musical Engagement as a Foundation for Preserving Musical Memory in Aging: Insights for Cognitive Longevity	Assoc. Prof. Oriana Tio Parahita Nainggolan, M. Sn. (Indonesia)
13.30-14.00	Brain Exercise for Alzheimer's Prevention	Nuttapon Pengsuwankasem PhD. (Thailand)
14.00-14.30	Designing a Sustainable Weight Management Clinic: A Practical Framework	Setthawut Ngammathichaiyawong MD (Thailand)
14.30-15.00 - Coffee Break & Booth Visit		
15.00-15.30	Salivaomics in Anti-Aging and Aesthetic Medicine	Assoc.Prof.Dr. Kampon Sriwatanakul M.D., PhD. (Thailand)
15.30-16.00	Longevity Medicine Meets Aesthetics: Treating Aging from Inside-Out	Asst.Prof.Dr. Sunisa Thaichinda, M.D., Ph.D. (Thailand)